



## Directory of Tea Superconnectors

### AFFILIATION

The Tea Spot

### NAME

Maria Uspenski

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### PROFILE PHOTO

- [Screenshot-2025-04-01-at-4.20.06-PM.png](#)

### HERE IS WHAT MOST INTERESTS ME IN TEA...

Helping to promote the sustainability of specialty tea. The role of tea in a healthy lifestyle, its role in hydration, and the science behind tea's health benefits.

### MY MAIN INTERESTS

- Educating consumers about tea's cultural significance, health benefits, traditions, history.
- Facilitating the exchange of best practices among growers, traders, and researchers.
- Tasting, blending, formulation, packaging, product life-cycle

### MY TRAINING AND EDUCATION (LINKEDIN PROFILE OR WEBSITE URL)

<https://www.linkedin.com/in/maria-uspenski-5a323311/>

### CONTACT EMAIL

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### DIRECTORY TERMS & CONDITIONS

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